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PROFESSIONAL SUMMARY

Master's degree in Clinical Social Work with experience and training in management, teaching, advocacy, public health, leadership, one on one counseling, intensive case management with adults, developmentally disabled youth and geriatrics. Experience and knowledge in regards to facilitating meetings, engaging with individuals experiencing a mental illness and advocating for vulnerable, complex and at-risk clients. Demonstrates the ability to connect with individuals from various cultures and religions. Passion and dedication to helping others and making a difference. Received certificate in aging and health as well as a certificate in violence against women and children.

Currently in the process of scheduling clinical examination. All supervision hours have been completed.

TEACHING COMPETENCIES

SSWU 3007 – Human Behavior in the Social Environment
SSWU 3009 – Human Behavior in the Social Environment –Communities and Organizations
SSWU 4001 – Seminar in Social Work Practice
SSWU 4002 – Seminar in Social Work Practice II
SSWG 5101 – Theory Informed Direct Practice I
SSWG 5102 – Theory Informed Direct Practice II
SSWG 8803 – Emotional Disorders in Children and Adolescents
SSWG 8811- Alcohol and Drug Use

UNIVERSITY SERVICE

Harmony Hub – Fall 2023— Organized and facilitated 'The Harmony Hub: Juggling Life and Studies' event, a dynamic midsemester forum designed to support social work students in managing the demands of academic studies and personal life. The event featured interactive workshops, and small group activities, providing attendees with valuable strategies for achieving a balanced and thriving academic experience.

PROFESSIONAL EXPERIENCE

Temple University – Philadelphia, PA
Instructor – Fulltime

July 2023 – Present

Responsible for developing and delivering high-quality instructional content tailored to the needs of diverse learners on the undergraduate and graduate level. Create engaging lesson plans, facilitate dynamic classroom discussions, and assess student performance to ensure comprehensive understanding and skill development. Provide constructive feedback and support to foster a conducive learning environment.

Temple University – Philadelphia, PA

August 2022 – August 2023

Adjunct Instructor - Theory-Informed Direct Practice I: Individuals, Families, and Groups. 3 Credit Hours.

This is the first of two courses focused on theory-informed social work direct practice with individuals and families. This course emphasizes how our theoretical knowledge base of human behavior and human development (within the context of the social environment) impacts our engagement with and assessment of individuals. The course begins with an exploration of the role of human behavior theory, its limitations and strengths, and proceeds to provide knowledge of human development and human behavior throughout the life course from a person-in-environment perspective. Interrelationships among biological, psychological, social, and cultural systems (as they affect, and are affected by, human behavior) are studied using a number of interdisciplinary theoretical approaches, including knowledge about how exposure to trauma impacts human development. We then apply this knowledge through experiential learning to our practice with individuals, integrating tenets of Motivational Interviewing, trauma-informed practice, and anti-oppressive practice to develop a rapport with individuals and complete a comprehensive bio-psycho-social-spiritual assessment.

Urban Health Institute at Cooper University Hospital- Camden, NJ

June 2021- May 2023

Program Manager of Clinical Innovation Operations

*Collaborates with leaders at The Urban Health Institute of Cooper University Health Care to redesign and improve care delivery to underserved populations, specifically Camden based Medicaid and Medicare beneficiaries*Actively working to redesign outpatient primary and specialty care for those with the most complicated social needs, and difficulty accessing medical care*Manage a team of professionals who provide care management for vulnerable populations following a hospitalization or emergency room visit.*Create and facilitate all staff trainings* Created the “LPN Toolkit” training series: consisting of patient engagement skills and approaches such as motivational interviewing, promoting a trauma informed care framework in a primary care setting, implicit biases in healthcare, cultural humility, mental health 101, the connection between trauma and pain, boundary setting, care planning 101, suicide awareness training, harm reduction 101 and trainings surrounding pejorative language and reducing stigma in underserved communities.

Greater New Jersey Creative Counseling – Palmyra, NJ

January 2021 – Present

Child/Family Therapist (Part- Time)

*Provide intensive in home therapy for children (ages 4-21) and families in their homes to help address issues such as lack of communication within the family, behavioral issues displayed by the child and/or substance abuse issues * Attend IEP meetings for youth and give suggestions as needed * Conduct family therapy sessions

South Jersey Behavioral Health Resources- Camden, NJ

December 2018- April 2021

Assistant Director of Residential Services

*Conduct intake assessments for potential program participants referred by community providers or patients currently admitted at Ancora Psychiatric Hospital or any other psychiatric

hospital* Oversee move-in process for all potential program participants* Complete timely clinical documentation (intake, progress notes, treatment plans) via Electronic Health Record (EHR) as needed* Review documentation for entire department * Direct and coordinate the overall operations of the residential program and community supportive services team * Oversee a department of 104 staff members* Work with quality improvement and senior leadership to improve program outcomes and overall organizational performances * Work with the Human Resources Department to revamp and revitalize staff onboarding* Conduct all new hire and ongoing staff trainings including motivational interviewing, trauma informed care, housing first philosophy, geriatrics and aging in housing, substance dependence and the interaction between pain and trauma * Conduct quarterly SWOT analysis to identify and address departmental threats and opportunities for growth * Create and maintain programmatic tracking database for the entire department * Create and assist with the implementation of an electronic timecard system for the entire agency* Participate and represent the entire company during monthly residential state meetings * Facilitate weekly case conference* Prepare and assist department with routine fiscal and on-site audits * Create and adjust department workflows to ensure the department operates in an effective and efficient manner.

South Jersey Behavioral Health Resources- Camden, NJ
Fee for service clinician (Part- Time)

January 2018- Dec 2018

* Provide intake assessment and ongoing individual, family and couples psychotherapy * Complete timely clinical documentation (intake, progress notes, treatment plans) via Electronic Health Record (EHR)

The Camden Coalition, Population Health-Camden, NJ
Clinical Manager of Social Work

August 2017 – Dec 2018

* Continue to serve as a leader for the Camden Coalition of Healthcare Provider's (CCHP) Care Management Initiatives Department * Assisting and training staff members around various behavioral health topics to increase their capacity to better serve patients * Facilitate Behavioral Health trainings and webinars to outside partners including United Healthcare's nurse and social work supervisors * Build, oversee and strengthen the Medical Legal Partnership (MLP) with lawyers from Rutgers University Law Clinic to better serve our complex patients who encounter issues within the legal system * Overseeing daily tasks of social work interns, AmeriCorps volunteers, employees and partners involved in the Housing First Demonstration Pilot and the main intervention * Overseeing the behavioral health department and completing biopsychosocial assessments with patients * Assist the care team with the complex subpopulation of behavioral health patients on their caseload * Assist the staff working with complex mothers and children * Advocating to NJ Senator Sweeney and Governor Murphy to provide 500k towards the housing first initiative in 2018 and 1 million in 2019

The Camden Coalition of Healthcare Providers-Camden, NJ
Social Work Coordinator

February 2015- August 2017

* Serve as a leader for CCHP's Care Management Initiatives, a nationally recognized clinical intervention and research project seeking to improve health outcomes for complex, vulnerable

patients through intensive care management and care coordination activities * Responsible for establishing care coordination services to address social needs of patients enrolled in our intervention * Work together with community partners, providers, nurses, community health workers, and interns volunteers * Assist to help create linkages for the various health and social needs of patients *

Twin Oaks Community Services, ICMS- Cherry Hill, NJ

June 2014-February 2017

Social Worker

* Provide intensive community-based services to seriously mentally ill consumers in the community * Provide supportive counseling * Facilitate service linkage in the mental health and non-mental health, health system * Conduct family meetings * Coordinate treatment plan meetings with client and family * Assist client by providing aggressive advocacy as needed *

Program of All Inclusive Care (PACE) at Lourdes- Pennsauken, NJ September 2013 – May 2014

Social Worker, Internship

* Provide individual counseling for participants in the program * Conduct initial bio-psychosocial assessments as well as six month and annual reassessments * Facilitate grief and loss support groups * Participate in interdisciplinary team meetings, care plans and family conferences * Collaborate with interdisciplinary team members to develop treatment plans for program participants * Provide individual counseling and intensive case management to mentally ill program participants *

Senior Citizen's United Community Services- Audubon, NJ

September 2012-May 2013

Case Manager, Internship

*Completed initial and monthly assessments to ensure clients were eligible to receive services and were appropriate for the Global Options program * Provide supportive therapy to clients as well as overwhelmed caregivers * Provide intensive community-based services to mentally ill, cognitively and physically dependent individuals in the community *

PRESS CONTRIBUTIONS AND RECENT PRESENTATIONS

Motivational Interviewing Training Film for United Healthcare Insurance Company

August 14, 2018

Outside Influences: Factors Creating Need for Health Care are not Always Based on Health Care

ROI newspaper, August 7, 2018

A Way to Save Money When Half of All Health Costs is Spent on a Fraction of Patients

PBS NewsHour, January 17, 2017

In Camden, Housing Program Reduces Trips to the Emergency Room

Courier Post, Published November 22, 2017

Mental Health Awareness Training

Facilitator for the staff at The Camden Coalition of Healthcare Providers, every quarter since January 16, 2017

Care Philosophies Training

Facilitator for the staff at The Camden Coalition of Healthcare Providers, every quarter since January 16, 2017

Innovative Health Care Programs: The New Social Work Roles

Keynote Speaker at The New Jersey Association of Health Care Social Workers' Conference
April 14, 2016

Housing First Turning on Lights for Patients

Camden Coalition of Healthcare Providers, Published online July 8, 2016 by Camden Coalition

Social determinants of health: A Community Provider Perspective

Keynote Speaker at the 2016 Annual Meeting & Exposition in Denver, Colorado. October 26, 2016

OTHER ACHIEVEMENTS

Steering Committee Member for The New Jersey Food Security Collaborative – October 2021 to Present

Building off a decade of collective work led by the Campbell Soup Company through the Campbell's Healthy Communities program, the Camden Coalition of Healthcare Providers and Food Bank of South Jersey are launching a new initiative to go deeper on issues around food security in the city of Camden. Of 3,675 Camden City residents who completed a food insecurity screening connected with their healthcare visit in 2020, 37% indicated that in the past 12 months they sometimes or often are worried they will run out of food without the funds to purchase more, and/or the food they purchased didn't last and they didn't have funds to purchase more. Therefore, in February 2019, Camden Coalition of Healthcare Providers (the Camden Coalition) began conversations with executives from seven organizations involved in food access to ask, "why?"

Founder and Steering Committee Moderator for UHI's Patient Advisory Committee (PAC) March 2022 – June 2023

As the founder and a member of the PAC steering committee, the goal of this initiative was to enable healthcare consumers to take an active role in improving their own health and that of their family and community. The PAC helps to guide the strategic direction of the department by advising the clinical and operational team on consumer and community health needs. The goal of the PAC is to also facilitate and get involved in citywide community health initiatives.

Ochsner Health and Delgado Community College Consultant- February 2022 – December 2022

As a consultant supporting Ochsner Health and Delgado Community College to design and facilitate classes during the inaugural Community Healthcare Worker training for approximately 34 participants enrolled in Ochsner Health's Community Healthcare Worker workforce training

program. As a consultant, I individually designed and facilitated multiple classes on “Health equity, racism and micro-aggressions in healthcare, cultural humility, and personal mission statements”. Consultant ensured the following learning objectives were incorporated into the curriculum:

- ❖ Promoting health equity and liberation
- ❖ Cultural humility
- ❖ Communication
- ❖ Implicit Biases
- ❖ Social determinants of health and ACEs

***Student Hotspotting Coach for The Interprofessional Student Hotspotting Learning Collaborative
-March 2016 – March 2018***

The Interprofessional Student Hotspotting Learning Collaborative is an annual program that trains interdisciplinary teams of professional students from schools around the country to address complex medical and social needs using a patient-centered approach. Student Hotspotting is part of the Camden Coalition of Healthcare Providers’ effort to educate and provide mentorship for the next generation of health care professionals, and is run through CCHP’s National Center for Complex Health and Social Needs. Student teams participate in monthly case conferencing, receive mentoring, gain access to tools and resources that help guide their learning and training within the online curriculum, and interact with experts in the field of complex care through round table discussions.

Volunteer and Organizer

Following an internship at LIFE at Lourdes in 2014, recognized a gap in food supply for the geriatric population who attended the PACE program. Organized and gathered various volunteers to serve food to older adults on the weekends and during holidays. Also spearheaded and conducted aging support groups about topics pertaining to geriatrics. Topics included a stroke awareness group, aging in place group and a women’s group.

COMMUNITY SERVICE

Live to Serve – December 2023

Collaborated with Live to Serve to spearhead an impactful volunteer initiative for social work students in the Kensington, PA community. Orchestrated an event where dedicated students and volunteers distributed essential supplies, including snack packs and water, to individuals in need.

EDUCATION

Rutgers University, New Brunswick, New Jersey

Master of Social Work

Certified in Aging

May 2014

The Richard Stockton College of New Jersey, Galloway, NJ

Bachelor of Arts in Psychology

May 2012

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1/21/2024